

Courage: PSHE and following on from RE and the Jewish festival of Purim.

This is an opportunity to discuss with your child any worries about returning to school. (Also, could look at the PowerPoint about the story of Esther)

You could make a real jar and label it with the ingredients or just write it down on this sheet.

Quote from Maya Angelou →



if one has courage,
nothing can dim the light that shines from within.
-maya angelou

Your Own Jar of Courage

What could you put into a jar to give you courage? Write a set of ingredients for your jar of courage.



Things to think about:

- Use conjunctions to link your ideas.
- Use bossy (imperative) verbs as part of your instructions.
- Include things that might make you feel better.

Key Vocabulary:

Next	A cup of...	shake
Then	Two spoons of...	open
First	25ml of...	slice
Finally	A touch of...	get
After that	pour	drop
Second	mix	
A pinch of...	put	

Possible words to include in your sentences: **laughter strength curiosity friendship bravery hope smiles kindness patience**
eg. First, a spoonful of glitter to bring smiles and laughter.

Challenge: Use conjunctions/connectives/joining words: and so because but

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If you need a bigger jar, here's this one:



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